

## The Shift

Today I realise the whole of Creation is an ongoing evolutionary process through which Spirit experiences itself in different ways through all the myriad forms contained within it. As 'humanity' this experience is an emotional, reasoning, creative one. This ongoing evolutionary process is something I am becoming more and more familiar with at a personal level through my growing recognition of the fundamental spirituality of my true nature. This steadily increasing personal awareness reinforces my understanding of the complete Oneness and inextricably integrated nature of Spirit within every element of Creation. So, embedded within my human persona, and at the heart of the whole process, is the sliver of Spirit experiencing itself as emotional, reasoning, creative me.

Because, aware or not, as a species we are Spirit we embed in our myths, activities and language all we need to tell ourselves about how this all fits together and precisely where we're 'at' within the evolutionary cycle. For me where we are currently 'at' is the point of change from separation to recognised communion with Spirit. When this change has fully taken place Spirit will continue to experience its emotional, reasoning, creative self through human life, without the by-product of individual and mass misery, pain and exploitation currently a part of the lexicon. This is the step Spirit is about to take and the implicit quantum leap forward humankind can make into a new age of peace and harmony as a result. For me achieving this change comes through eradicating fear from my lived human experience. Fear in all its varied guises, from loss to lack of self worth, lies at the core of my existing state of separateness engendered by the trauma of temporarily believing myself no longer as One with Spirit.

To think or talk under these circumstances in terms of possible alternative outcomes, ranging from total destruction of all I have come to understand as 'life on earth', including the Earth is for me misguided. To consider as possible any version from a list of scenarios in which only some of humanity is privilege to experience this longed for world of peace in some way seems to me to miss the whole point. It continues to support the status quo of separation and thus prevents full communion. It is the final vital piece of the puzzle required for the shift and I need to become very clear about this.

With the Noah myth I was brought up with I have been telling myself this single message since childhood. Humanity as seen in the myth demonstrates its sense of separateness from Spirit via the assumption that some of those involved are good, i.e. Spiritual, and some are bad i.e. Worldly. In the Noah myth, therefore, most perish while relatively few, the 'spiritual ones', make the quantum leap forward and are saved from destruction. Importantly according to the myth almost as soon as these 'few' set foot on land once more an argument ensues which sends Noah's sons angrily off into the world in completely different directions. What price a future of unalloyed peace under those circumstances? Yet the part of the myth that represents Spirit, manifest in the symbol of the rainbow, gives the message that there will never be a destruction of that kind again. NOW I believe would be a very apposite moment for me to finally 'get' the full impact of what I have always been telling myself via this story and others like it. If separateness is to end it cannot end in part. As long as I allow myself to preserve any sense of the view of Creation represented in this story I continue to hold onto fear and thence separation. It is a fear that at its most visceral says, 'Please let me and all those I love be on the arc. Don't let any of my family and friends be in the separate group that gets culled, or continues to live in misery after that moment of change has come'. But for me today there can ultimately be no alternative outcomes, no 'unsaved'. Spirit is evolving the way it experiences itself and as one tiny atom in the evolving process I, and therefore everyone, is for me part of that unalterable process.

The only part of the process up for grabs is the moment when the end of separation will occur. For many here now 2012 looks like its stepping up to the plate as a very strong candidate. For me today I sense the process involved as a fundamental part of Creation, and so is happening now, as it has always been. So, I'll continue to use the skills Spirit is manifesting as me, detach myself from fear in all its forms and KNOW with every fibre of my being the joyful, peace-filled, loving outcome is assured.